

**UNDERSTANDING AND DEALING WITH PSYCHOLOGICAL DISORDERS PRACTICAL**  
**Paper Code HS398**

**LTPC**  
**0 0 4 2**  
**Max. Marks: 100**  
**ESE: 40**  
**CA: 60**

**Contact Hours: 4 Contact Hours/week**  
**Examination Duration: 3 Hours**

Practicum: The students will conduct two practicum during the semester

1. Anxiety, Depression and Stress Scale – P. Bhatnagar
2. Psychological Well Being Scale –D. S. Sisodia